

## Teen Topics Contentment

### **The Issue:**

Being content with what we have is not always easy. From new clothes to the latest electronics, advertisers bombard us with things we are told we “have to have.” When we buy into this thinking, discontentment sets in and before long we find ourselves in the middle of an endless cycle of always wanting more and more.

### **What does the Bible say?**

Note what the Bible says about contentment:

- > [Prov. 15:16](#) – Fearing God is good and brings satisfaction.
- > [Prov. 27:20](#) – Things do not satisfy; we will always want more.
- > [I Tim. 6:6-8](#) – Godliness with contentment is very beneficial, for it helps us see that our possessions on earth are only temporary.

What are the keys to contentment?

- > [Ps. 73:25-26](#) – Our focus and desires should be on God.
- > [Matt. 6:33](#) – Our passion should be toward the things of God.
- > [Phil. 4:11-13](#) – Be grateful with what you have and the circumstances you are in by leaning on the strength of Christ.

### **What should I do?**

Are you focused more on what you do not have as opposed to what you do have? Learning to be grateful and taking time to thank God for His blessings can go a long way in helping you become more content. In what other areas are you struggling to be content (life circumstances, your appearance, wanting popularity, etc.)? How do the above verses speak to those struggles? May each of us not be characterized by pursuing “things,” but by pursuing God and His will for our lives!